



5 EASY WAYS TO GET STARTED WITH SCRUM AT HOME

Presented by Stacey & Evan Ackerman

WHY SCRUM AT HOME?

- Life is busy!
- It's not my job!
- What do I have to do again?





APPLYING SCRUM VALUES @HOME



STEP 1: TIME BOX



- Build in time each day for chores.
- Set the timer {we did 30 minutes}.
- Set a start/stop time period {sprint 1}.
- Intrinsically motivate {more time for play!}
- Reward success {did I hear ice cream?}

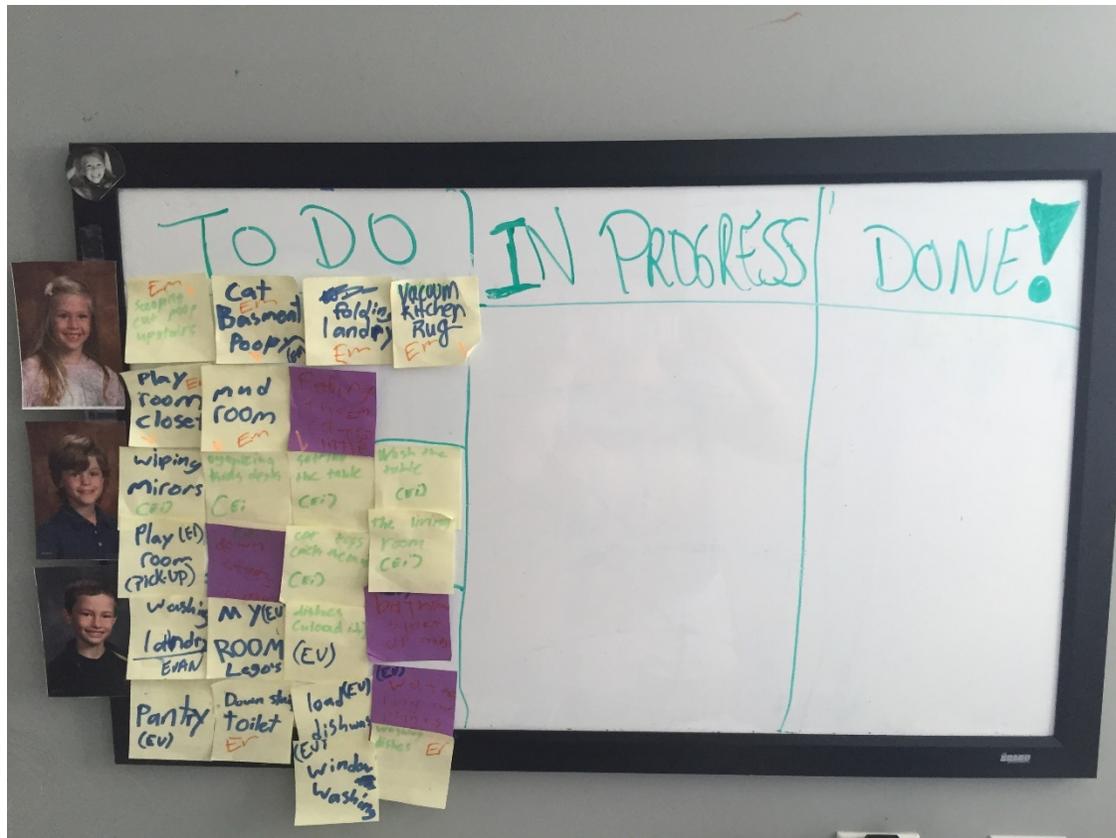


STEP 2: SPRINT PLANNING



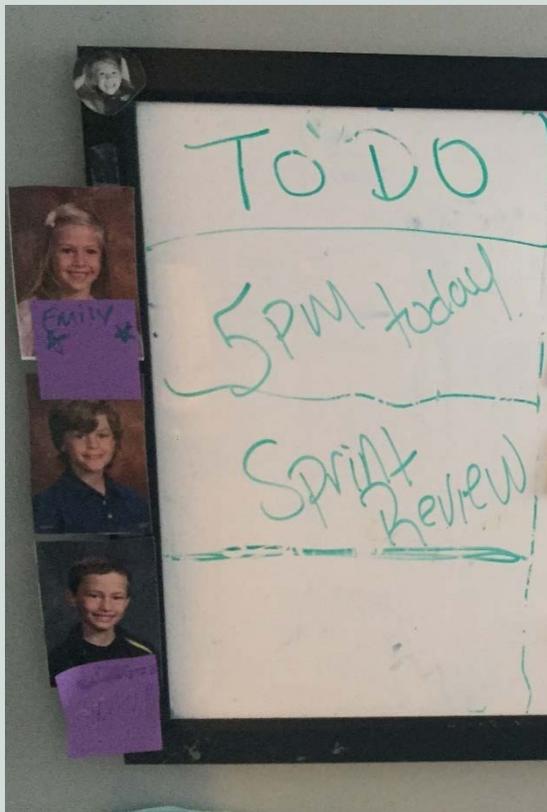
- Work it into a time you are already together.
- Explain why you are doing this.
- Set a goal and an incentive.
- Establish a timeline.
- Let the kids self-organize.
- Don't make it too formal or institute too many rules.

STEP 3: SCRUM BOARD



- A simple white board works great!
- Put it in a place where its easily accessible.
- Having a different color sticky note for each person is helpful.
- Let the kids manage their tasks on the board.
- Redirect them back to the board if they ask what they need to do.

STEP 4: SPRINT DEMO



- Let the kids know ahead of time when they expect work to be done.
- Be clear on your 'Definition of Done'
- Have them 'demo' their jobs for you.
- Accept the work as 'done'.



STEP 5: SPRINT RETROSPECTIVE



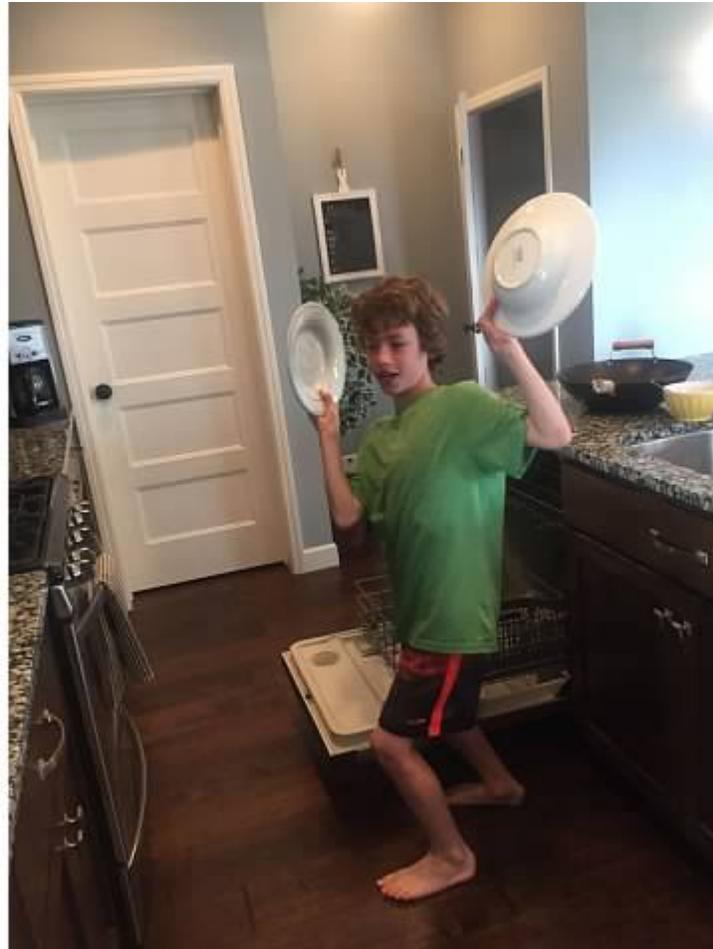
- Scrum at Home looks very different today than a year ago.
- Every time we do sprint planning, we make changes.
- We keep learning what works and what doesn't in our family.

✓ 10:30 - 11:30 - Puzzles
✓ 11:30 - 11:50 - lunch
✓ 11:50 - 12:05 - scrum jobs
✓ 12:05 - 1:00 - Quiet activities #1
1:00 - 2:00 - ~~Game~~ ^{check mail} Park and Frisbee
2:00 - 2:30 - ^{snack} youtube + Dolls
2:30 - 3:00 - TV Time
3:00 - 4:00 - Quiet activities #2
4:00 - 5:00 - Free time

We have a high-performing team!

Scrum jobs have become part of our daily routine.

The parents have gotten more involved.



SCRUM AT HOME ROLE PLAYING

10-MINUTE TIME BOX

1. Get into Scrum 'families' at your table.
2. Establish roles: parents vs. kids
3. Discuss the biggest challenges with managing your household (real or hypothetical).
4. Establish your first sprint goal (i.e. distribute tasks evenly, know what is expected, get work done every day).
5. Plan your first sprint by writing tasks on sticky notes.
6. Decide how your family will manage the work.
7. Share with the group!





QUESTIONS?

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